

2017



COPELAND CENTER  
2306 4th Street  
Wyandotte 48192

# SEPTEMBER

OFFICE  
(734) 324-7275  
TRANSPORTATION  
(734) 324-4522  
MEALS  
(734) 324-7279

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	01 Aerobics 9:30 AM Social 5 PM - 8 PM WHOLE BUILDING	02
03	04 CLOSED 	05 SFC Social 10 AM - 3 PM FLU SHOTS 10 AM - Noon BIRTHDAY'S 	06 Aerobics 9:30 AM BINGO Noon - 3 PM	07 Bridge 10 AM - 2 PM	08 Aerobics 9:30 AM	09 SENIOR DANCE 12:30 - 5 PM (Whole Building)
10	11 Aerobics 9:30 AM Card Playing Noon - 3 PM	12 SFC Social 10 AM - 3 PM	13 Aerobics 9:30 AM BINGO Noon - 3 PM	14 Bridge 10 AM - 2 PM Homespun 10 AM - Noon	15 Aerobics 9:30 AM Chef Barney 4:30 PM \$5 Per Person Social 5 PM - 8 PM WHOLE BUILDING	16
17	18 Aerobics 9:30 AM Card Playing Noon - 3 PM	19 Blood Pressure 9 AM - 11 AM SFC Social 10 AM - 3 PM PAINT PARTY 6 - 9 PM	20 TEFAP 9 AM - NOON BINGO Noon - 3 PM	21 Bridge 10 AM - 2 PM	22 Aerobics 9:30 AM	23
24	25 Aerobics 9:30 AM Card Playing Noon - 3 PM	26 SFC Social 10 AM - 3 PM	27 Aerobics 9:30 AM BINGO Noon - 3 PM	28 Liquid Distribution 9 AM - Noon Bridge 10 AM - 2 PM Homespun 10 AM - Noon	29 Aerobics 9:30 AM	30
01	02	03	04	05	06	07

## SOCIALS

Daytime Socials are held on Tuesday's from 10 am – 3 pm .

Evening Socials are held on the 1<sup>st</sup> & 3<sup>rd</sup> Friday of each month 6 – 9 pm.

(Pool playing is permitted during the socials)

## FUN & GAMES

\*\*Pinochle and Euchre are played on a drop-in basis on Monday's from Noon – 3 pm.

\*\*Bridge is played on Thursday's from 10 am – 2 pm.

## SENIOR CITIZEN AEROBICS

Drop-In Basis, \$2 per person.

Monday, Wednesday & Friday from 8:45 – 9:45 am.

Low Impact Class is from 10 – 10:45 am.

(NO Class on the 3<sup>rd</sup> Wednesday of each month)

\*\*Check calendar for class changes\*\*

## BLOOD PRESSURE

3<sup>rd</sup> Tuesday from 9 – 11 am.

## HOMESPUN KNITTING & CROCHET

Come & meet new friends who like to knit & crochet.

2<sup>nd</sup> & 4<sup>th</sup> Thursday of the month from 10 am - Noon.

If you need a little help, someone will assist.

## COOKIES & CRAFTS

Enjoy a seasonal craft and cookies while mingling with friends. 2<sup>nd</sup> Thursday of the month at 11 am



**Bingo Every WEDNESDAY Noon - 3 pm**



## August Birthdays

Diane Howey

Evelyn Kovacs

Karen Mieszkowski



## Paint-n-Party

Copeland Center

Tuesday, September 19<sup>th</sup>

6 pm – 9 pm

\$30 per person

Tickets go on sale Saturday, September 9<sup>th</sup> for the October Dinner Dance. The October Dinner Dance will be held on Saturday, October 14<sup>th</sup> and doors open at 12:30 pm. Last day to buy tickets is Friday, October 13<sup>th</sup>. Tickets are \$12.

## SURPLUS FOOD DISTRIBUTION



September 20<sup>th</sup>

9 am – Noon

## Flu Shot

Tuesday

September 5, 2017

Copeland Center

10 am – Noon



\*You MUST bring all your insurance cards...Medicare, Medicaid and any other supplemental insurance cards.

## Recreation Senior Halloween Party

October 27<sup>th</sup> @ Copeland Center

5 pm – 8 pm

(Doors open @ 4:30 pm)

Tickets \$3 each, See Joanne

Food WILL NOT be served until 5 pm



## 2017 Caregiver Conference

Join us for FREE

Workshops \* Resources \* Flu Shots \* Food

Saturday, September 23, 2017

9:00 AM – 3:00 PM (Registration @ 9:00 AM)

Wayne County Community College

21000 Northline Rd, Taylor MI 48180

More Info call 1-800-815-1112

## 26<sup>th</sup> Annual Sock Drive

October 1 – 31, 2017

Donate NEW socks in the Copeland Office.

Any size any color, any style (this year we especially need children's socks). Socks collected will be distributed to human service agencies, schools and shelters throughout Wayne County.

